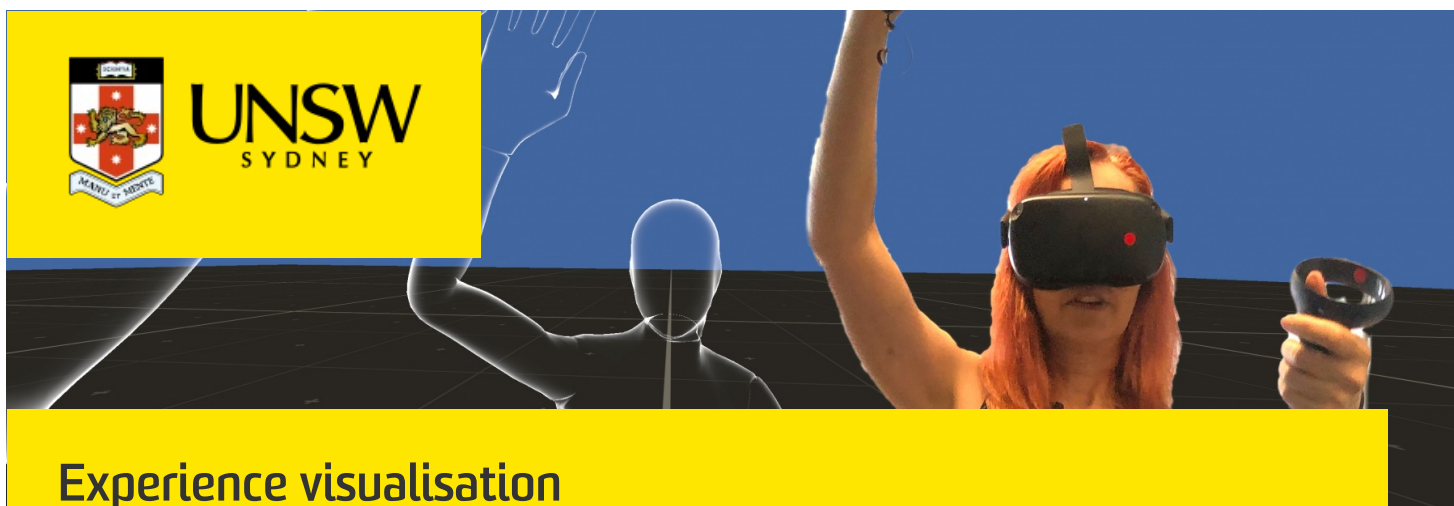




**UNSW**  
SYDNEY



## Experience visualisation

**Pioneering research integrating immersive arts and psychology to address challenging subjective experience - including trauma, depression, anxiety, suicidality, ageing and dementia. Experience Visualisation places people with lived experience at the forefront of research, delivering new insights into mental health and ageing, innovative tools for recovery and wellbeing and rich communications that foster empathy.**

### Competitive advantage

fEEL is a unique, transdisciplinary Lab, advancing the science of subjective experience through psychosocial research, innovative VR/immersive visualisation and trauma-informed community engagement

The Big Anxiety festival of arts + science + people is a world-leading, research-driven festival promoting creative approaches to mental health in cultural and community settings

### Impact

fEEL and The Big Anxiety have developed community-engaged projects addressing health and social care challenges:

- The Big Anxiety reaches ~140,000 visitors (winner Best New Event, Australian Event Awards, 2018)
- Creative media projects include effective tools for suicide prevention, memory consolidation, living with dementia, and working with trauma; and VR developed with Ngangkari (healers) for Central Desert communities

### Successful outcomes

- Edge of the Present (mood enhancing VR environment/suicide prevention trial)
- Parragirls (immersive film with survivors of institutional trauma)
- EmbodiMap (VR tool for working with trauma, pain and anxiety)
- The Visit (IEEE Award winning visualisation promoting understanding of dementia and empathy skills)
- Waumananyi (Anangu-led VR work on experiences of entrapment)
- Empathy Clinic exhibition; courseofempathy.org (tool for cultivating empathy)

### Capabilities and facilities

- Felt Experience & Empathy Lab (fEEL) established with Australian Research Council Laureate Fellowship
- Over 25 partners in arts and mental health sectors

### More Information

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