



UNSW  
SYDNEY



## Psychosocial Approaches to Health and Wellbeing

**Using creative engagement and psychosocial intersections with communities to provide transformational possibilities, and as research methodologies for data collection to understand lived experience. Experienced in organising and facilitating creative workshops, participatory co-design, arts engagement with vulnerable communities, including older people and people living with dementia.**

### Competitive advantage

- Trans-disciplinary and interdisciplinary research across arts, design, technology and health and wellbeing, ageing and dementia
- Design engagement and research projects working directly with for people with cognitive and physical access needs, non-neurotypical, early, mid and advanced dementia and in relation to palliative care
- Consults to industry, non-profit and government stakeholders in relation to social and cultural approaches to health and wellbeing and ethnographic and arts-based research methodologies

### Impact

- Inclusive research providing insights into the lived experience of diverse range of people including marginalised groups
- Explores how, when and why social and cultural approaches to health and wellbeing and psychosocial intersections can have transformative possibilities

### Successful outcomes

- The Hon Jillian Skinner MP, Minister for Health quoted from Dr Kenning arts engagement report in her address in relation to creative ageing
- The Ageing program, as part of the Big Anxiety Festival, engaged with in excess of 400 people in arts engagement and arts-based research activities including people living with advanced dementia, cognitive and physical access needs

### Capabilities and facilities

- Face to face group work with participants and researchers
- Experience in wide range of deep qualitative methodologies including Visual Matrix, and arts-based research methodologies
- Experience with a wide range of partners and people with diverse needs
- Development of new and extending existing methodologies for greater inclusivity
- Use of immersive technologies (VR) in the development of tools and methodologies

### Our partners

### More Information

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- Care organisations including Baptist Care, Catholic Care, Whiddon Group, Leigh Place
- Art Gallery New South Wales
- Palliative Care NSW
- Councils: North Sydney, Willoughby, Lane Cove, Woollahra, Ryde, TWT Property Group
- Bridging Hope Charity Foundation (BHCF)
- Community Services and Day Centres: Hunters Hill, Holdsworth, North Ryde, Lane Cove & Northside, Christian Community Aid, Dougherty Centre
- Libraries: Double Bay; Paddington, Watsons Bay